



CERTIFICATE OF COMPLETION

Discovering Mindfulness congratulates

MARISELA LEIJDEKKERS

for successfully completing the 8 session
Mindfulness-Based Stress Reduction course
20 April - 15 June 2022

A handwritten signature in blue ink, appearing to read 'S. Burke'.

DR SHEENA BURKE

Certified Mindfulness Trainer
Chartered Clinical Psychologist
PhD Educational Psychologist
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